

Type 2 diabetes landscape during COVID-19

A recent survey revealed that more than half of Canadians living with type 2 diabetes (56%) are not aware that Diabetes Canada published Clinical Practice Guidelines*

551 Canadians surveyed self-identify as having been **diagnosed with type 2 diabetes** by a medical professional



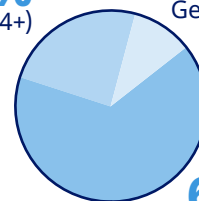
61.7%



38.3%

24.0%
Seniors (74+)

10.2%
Gen X (39-54)



65.5%
Boomers (55-73)

Of the Canadians living with type 2 diabetes:

26% recently had challenges in managing their glycemic control, including:

- Access to health care team (89%)
- Eating right (43%)
- Maintaining a healthy lifestyle (33%)
- Proper self-monitoring (29%)

93% are learning about the condition somewhere:

- Doctor (80%)
- Diabetes nurse educators (27%)
- Pharmacists (18%)
- Online searches (17%)

35% of Canadians living with type 2 diabetes **have asked** their health care support team (physician, nurse and/or pharmacist) about new treatments

65% of Canadians living with type 2 diabetes **have not asked** their health care support team (physician, nurse and/or pharmacist) about new treatments

62% of Canadians living with type 2 diabetes **welcome any new treatments** their physician may recommend

Boomers are more likely to find it challenging (61%) or would be anxious (72%) to start a new therapy during the current COVID-19 global health pandemic, as access to physicians/pharmacists is limited

If you or someone you know is living with type 2 diabetes and needs information or support, please visit Diabetes.ca or DiabetesCareCommunity.ca

Online survey of Canadians diagnosed with type two diabetes completed May 20-26, 2020 using Maru/Blue's online Canadian consumer panel. The margin of error for this study was +/- 2.5%, 9 times out of 10.

*The Diabetes Canada Clinical Practice Guidelines are intended to guide practice; inform general patterns of care; enhance diabetes prevention efforts in Canada; and reduce the burden of diabetes complications.
<http://guidelines.diabetes.ca/cpg>