# PATIENT MEDICATION INFORMATION

### READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE <sup>Pr</sup>Ozempic<sup>®</sup> (semaglutide injection)

Read this carefully before you start taking **Ozempic**<sup>®</sup> and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about **Ozempic**<sup>®</sup>.

### Serious Warnings and Precautions Possible Risk of thyroid tumours, including cancer

As part of drug testing, semaglutide, the active ingredient in Ozempic<sup>®</sup> was given to rats and mice in long term studies. In these studies, semaglutide caused both rats and mice to develop medullary thyroid tumours, some of which were cancer. It is not known if semaglutide will cause thyroid tumours or a rare type of thyroid cancer called medullary thyroid cancer in people. Do not use Ozempic<sup>®</sup> if you or any of your family have ever had a type of thyroid cancer called medullary thyroid cancer in people. Do not use Ozempic<sup>®</sup> if you or any of your family have an endocrine system condition called Multiple Endocrine Neoplasia syndrome type 2 (MEN 2).

While taking Ozempic<sup>®</sup>, tell your doctor if you get a lump or swelling in your neck, hoarseness, trouble swallowing or shortness of breath. These may be symptoms of thyroid cancer. You should discuss any safety concerns you have about the use of Ozempic<sup>®</sup> with your doctor.

# What is Ozempic<sup>®</sup> used for?

- Ozempic<sup>®</sup> contains the active substance semaglutide. It is used to lower blood sugar (glucose) in adults with type 2 diabetes.
- Ozempic<sup>®</sup> is used on its own if your blood sugar level is not properly controlled by diet and exercise alone and you cannot use metformin.
- Ozempic<sup>®</sup> is used in combination with one or more other medicines for diabetes when they are not enough to control your blood sugar levels. These other medicines may include: oral antidiabetics (such as metformin, sulfonylurea, or sodium glucose co-transporter 2 inhibitor medicines) or insulin.
- It is important that you keep following any diet and lifestyle advice from your doctor, pharmacist or nurse while using Ozempic<sup>®</sup>.
- Ozempic<sup>®</sup> is not a substitute for insulin. Ozempic<sup>®</sup> should not be used in patients with Type 1 diabetes mellitus (formerly known as insulin-dependent diabetes mellitus or IDDM), or for treatment of diabetic ketoacidosis.

### How does Ozempic<sup>®</sup> work?

Ozempic<sup>®</sup> belongs to a class of medicines called GLP-1 receptor agonists (glucagon-like peptide-1 receptor agonists). Ozempic<sup>®</sup> helps your body make more insulin when your blood sugar is high.

# What are the ingredients in Ozempic<sup>®</sup>?

Medicinal ingredients: semaglutide. One mL solution for injection contains 0.68 mg, 1.34 mg or 2.68 mg semaglutide.

Non-medicinal ingredients: disodium phosphate dihydrate, propylene glycol, phenol, and water for injections.

### Ozempic<sup>®</sup> comes in the following dosage forms:

Ozempic<sup>®</sup> is supplied as a clear and colourless solution for injection in a pre-filled pen.

Ozempic<sup>®</sup> is available in a carton of 1 disposable, pre-filled, multi-dose pen delivering doses of 0.25 mg or 0.5 mg, including 6 disposable needles. This pack size is intended to be used for dose escalation and maintenance treatment at the 0.5 mg dose. The pen contains 1.5 mL or 3 mL solution.

Ozempic<sup>®</sup> is available in a carton of 1 disposable, pre-filled, multi-dose pen delivering only doses of 1 mg, including 4 disposable needles. This pack size is intended to be used for maintenance treatment at the 1 mg dose only. The pen contains 3 mL solution.

Ozempic<sup>®</sup> is also available in a carton of 1 disposable, pre-filled, multi-dose pen delivering only doses of 2 mg, including 4 disposable needles. This pack size is intended to be used for maintenance treatment at the 2 mg dose only. The pen contains 3 mL solution.

### Do not use Ozempic<sup>®</sup> if:

- You are allergic to semaglutide or any of the other ingredients of this medicine.
- You or a member of your family has ever had medullary thyroid cancer (MTC).
- You have Multiple Endocrine Neoplasia syndrome type 2 (MEN 2).
- You are pregnant or breastfeeding.

# To help avoid side effects and ensure proper use, talk to your healthcare professional before you take Ozempic<sup>®</sup>. Talk about any health conditions or problems you may have, including if you:

- or a member of your family has or has had medullary thyroid carcinoma (MTC), or if you have Multiple Endocrine Neoplasia syndrome type 2 (MEN 2).
- Have type 1 diabetes.
- Have ever had diabetic ketoacidosis (increased ketones in the blood or urine).
- Have ever had an allergic reaction to Ozempic<sup>®</sup>.
- Have a high heart rate (fast pulse).
- Have ever had pancreatitis.
- Are breastfeeding or plan to breastfeed.
- Are pregnant or plan to become pregnant.
- Have end stage renal disease.
- Have gastrointestinal (digestive) problems, including severe vomiting, diarrhea and/or dehydration.
- Have hepatic (liver) disease.
- Have diabetic retinopathy.

# Other warnings you should know about:

### Children and adolescents

Ozempic® is not recommended in children and adolescents under 18 years as the safety and

efficacy in this age group have not yet been established.

### Pregnancy and breastfeeding

Tell your doctor if you are pregnant, think you might be pregnant, or are planning to become pregnant. Ozempic<sup>®</sup> should not be used during pregnancy and for at least two months before a planned pregnancy because it is not known if it may affect your unborn child.

If you could become pregnant while using Ozempic<sup>®</sup>, it is recommended to use contraception.

Do not use this medicine if you are breast-feeding. This is because it is not known if Ozempic<sup>®</sup> passes into breast milk.

### Driving and using machines

Low blood sugar (hypoglycemia) may affect your ability to concentrate. Avoid driving or using machines if you get any signs of low blood sugar. See *What are possible side effects from using Ozempic*<sup>®</sup> for the warning signs of low blood sugar. Talk to your doctor for further information.

Severe and on-going stomach pain which could be due to acute pancreatitis If you have severe and on-going pain in the stomach area – see a doctor straight away as this could be a sign of acute pancreatitis (inflamed pancreas).

### Dehydration

During treatment with Ozempic<sup>®</sup>, you may experience feeling sick (nausea) or being sick (vomiting), and diarrhea. These side effects can cause dehydration (loss of fluids). It is therefore important to drink plenty of fluids to prevent dehydration. Talk to your doctor if you have any questions or concerns.

### Diabetic eye disease (retinopathy)

Fast improvements in blood sugar control may lead to a temporary worsening of diabetic eye disease. This may require treatment or lead to a loss of vision. You should inform your doctor if you have diabetic eye disease (retinopathy) or if you experience eye problems during treatment with Ozempic<sup>®</sup>.

# Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.

In particular, tell your doctor, pharmacist or nurse if you are using medicines containing any of the following:

- Sulfonylurea
- Insulin

Combining these medicines with Ozempic<sup>®</sup> might increase the risk of getting low blood sugar (hypoglycemia). Please see *What are possible side effects from using Ozempic*<sup>®</sup> for the warning signs of low blood sugar. Your doctor may tell you to lower your regular dose levels of these drugs when adding Ozempic<sup>®</sup> treatment.

### The following may interact with Ozempic<sup>®</sup>:

The following list includes some, but not all, of the drugs that may increase your heart rate. You should check with your doctor or pharmacist before taking any other medication with Ozempic<sup>®</sup>:

• Drugs to treat hypertension.

- Drugs to treat heart failure.
- Drugs to treat HIV infection.
- Drugs to treat attention deficit-hyperactivity disorder.
- Drugs to suppress appetite/cause weight loss.
- Decongestants.
- Drugs to treat asthma.

# How to take Ozempic<sup>®</sup>:

Ozempic<sup>®</sup> is given as an injection under the skin (subcutaneous injection). Do not inject it into a vein or muscle. The best places to give the injection are the front of your thighs, the front of your waist (abdomen), or your upper arm.

Before you use the pen for the first time, your doctor or Diabetes Nurse Educator will show you how to use it.

Detailed instructions for use are on the other side of this leaflet.

Always use this medicine exactly as your doctor has told you. Check with your doctor, pharmacist or nurse if you are not sure.

You should use Ozempic<sup>®</sup> once a week on the same day each week if possible. You can give yourself the injection at any time of the day – regardless of meals. To help you remember to inject Ozempic<sup>®</sup> once a week only, it is recommended to note the chosen weekday (e.g. Wednesday) on the carton. You can also write the date on the carton every time you have injected Ozempic<sup>®</sup>.

If necessary you can change the day of your weekly injection of Ozempic<sup>®</sup> as long as it has been at least 2 days since your last injection of Ozempic<sup>®</sup>.

Do not stop using Ozempic<sup>®</sup> without talking to your doctor. If you stop using it, your blood sugar levels may increase.

# Usual dose:

When you first start using Ozempic<sup>®</sup>, the starting dose is 0.25 mg once a week for four weeks. After four weeks you should increase your dose to 0.5 mg once a week. Talk to your doctor before increasing your dose.

Your doctor may increase your dose to 1 mg once a week if your blood sugar is not controlled well enough with a dose of 0.5 mg.

Your doctor may increase your dose to 2 mg once a week if your blood sugar is not controlled well enough with a dose of 1 mg.

Do not change your dose unless your doctor has told you to.

# Overdose:

If you use more Ozempic<sup>®</sup> than you should, talk to your doctor straight away. You may get side effects such as feeling sick (nausea) or being sick (vomiting), or diarrhea.

If you think you have taken too much Ozempic<sup>®</sup>, contact your healthcare professional, hospital emergency department or regional poison control centre immediately, even if there are no symptoms.

# Missed Dose:

If you forgot to inject a dose and:

- It is 5 days or less since you should have used Ozempic<sup>®</sup>, use it as soon as you remember. Then inject your next dose as usual on your scheduled day.
- It is more than 5 days since you should have used Ozempic<sup>®</sup>, skip the missed dose. Then inject your next dose as usual on your scheduled day.

Do not take an extra dose or increase the dose to make up for a missed dose.

# What are possible side effects from using Ozempic<sup>®</sup>?

These are not all the possible side effects you may feel when taking Ozempic<sup>®</sup>. If you experience any side effects not listed here, contact your healthcare professional.

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Very common: may affect more than 1 in 10 people

- Feeling sick (nausea) this usually goes away over time
- Diarrhea this usually goes away over time
- Low blood sugar (hypoglycemia) when Ozempic<sup>®</sup> is used with a sulfonylurea or insulin.

The warning signs of low blood sugar may come on suddenly. They can include: cold sweat, cool pale skin, headache, fast heartbeat, feeling sick (nausea) or very hungry, changes in vision, feeling sleepy or weak, feeling nervous, anxious or confused, difficulty concentrating or shaking.

Your doctor will tell you how to treat low blood sugar and what to do if you notice these warning signs.

Common: may affect up to 1 in 10 people

- Being sick (vomiting)
- Low blood sugar (hypoglycemia) when Ozempic<sup>®</sup> is used with an oral antidiabetic other than a sulfonylurea
- Indigestion
- Inflamed stomach ('gastritis') the signs also include stomach ache, feeling sick (nausea), or being sick (vomiting)
- Reflux or heartburn also called 'gastro-esophageal reflux disease' (GERD)
- Stomach pain
- Bloating of the stomach
- Constipation
- Burping
- Gall stones
- Feeling dizzy
- Feeling tired
- Weight loss
- Less appetite
- Gas (flatulence)

- Increase of pancreatic enzymes (such as lipase and amylase)
- Complications of diabetic eye disease (retinopathy)

Uncommon: may affect up to 1 in 100 people

- Change in the way food or drink tastes
- Fast pulse
- Injection site reactions such as bruising, pain, irritation, itching and rash
- Allergic reactions like rash, itching or hives

Rare: may affect up to 1 in 1,000 people

Severe allergic reactions (anaphylactic reactions, angioedema). You should seek immediate medical help and inform your doctor straight away if you get symptoms such as breathing problems, swelling of face, lips, tongue and/or throat with difficulty swallowing and a fast heartbeat.

Serious side effects and what to do about them			
Talk to your healthcare pro		hcare professional	sional Stop taking drug
Symptom / effect	Only if severe	In all cases	and get immediate medical help
<b>COMMON</b> Diabetic retinopathy complications – complications of diabetic eye disease/diabetic eye problems		$\checkmark$	
<b>UNCOMMON</b> Pancreatitis (severe and ongoing pain in the stomach area which could be a sign of inflamed pancreas)		$\checkmark$	$\checkmark$
Severe hypoglycemia* (low blood sugar) symptoms: feeling confused, fits and passing out		$\checkmark$	$\checkmark$
RARE Severe allergic reaction (anaphylactic reaction, angioedema) symptoms: breathing problems, swelling of face, lips, tongue and/or throat with difficulty swallowing and a fast heartbeat		$\checkmark$	$\checkmark$

\*The risk of severe hypoglycemia may be higher when you also take other diabetes medications.

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, talk to your healthcare professional.

# Reporting Side Effects

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffectcanada.html) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.

# Storage:

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the pen label and carton after 'EXP'. The expiry date refers to the last day of that month.

Before opening: Store in a refrigerator ( $2^{\circ}C - 8^{\circ}C$ ). Do not freeze. Keep away from the cooling element.

During use:

• You can keep the pen for 8 weeks when stored at a temperature below 30°C or in a refrigerator ( $2^{\circ}C - 8^{\circ}C$ ). Do not freeze.

• When you are not using the pen, keep the pen cap on in order to protect it from light.

Do not use this medicine if the solution is not clear and colourless.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

# If you want more information about Ozempic<sup>®</sup>:

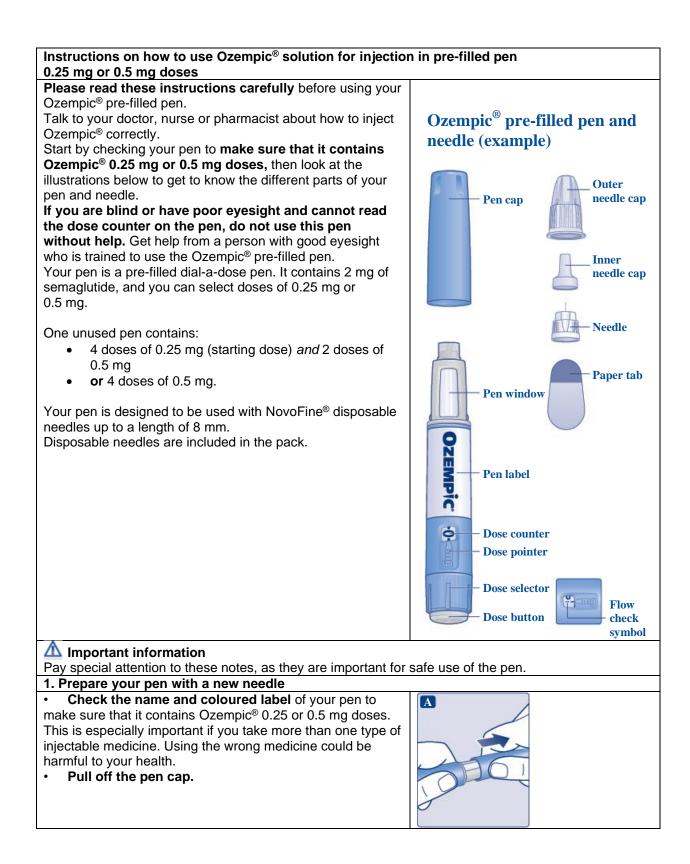
- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website (https://www.canada.ca/en/health-canada/services/drugs-health-products/drug-products/drug-product-database.html); the manufacturer's website (www.novonordisk.ca), or by calling 1-800-465-4334.

This leaflet was prepared by Novo Nordisk Canada Inc.

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• Check that the solution in your pen is clear and colourless. Look through the pen window. If the solution looks cloudy or coloured, do not use the pen.	
Take a new needle and tear off the paper tab. If the paper tab is broken, do not use the needle, as sterility is not guaranteed.	
<ul> <li>Make sure to attach the needle correctly.</li> <li>Push the needle straight onto the pen.</li> </ul>	
• Turn until it is on <b>tight</b> .	
The needle is covered by two caps. You must remove both caps. If you forget to remove both caps, you will not inject any solution.	
• <b>Pull off the outer needle cap and keep it for later</b> . You will need it after the injection, to safely remove the needle from the pen.	
• <b>Pull off the inner needle cap and throw it away</b> . If you try to put it back on, you may accidentally stick yourself with the needle.	
A drop of solution may appear at the needle tip. This is normal, but you must still check the flow, if you use a new pen for the first time.	
<b>Do not attach a new needle</b> to your pen until you are ready to take your injection.	
Always use a new needle for each injection. This may prevent blocked needles, contamination, infection	on and inaccurate dosing.
A Never use a bent or damaged needle.	
2. Check the flow with each new pen	
<ul> <li>If your pen is already in use, go to step 3 'Select your dose'. Only check the flow before your first injection with each new pen.</li> <li>Turn the dose selector to the flow check symbol (</li> <li>i i i i i i i i i i i i i i i i i i i</li></ul>	Flow check
	symbol selected

<ul> <li>Hold the pen with the needle pointing up.</li> <li>Press and hold in the dose button until the dose counter returns to 0. The 0 must line up with the dose pointer.</li> <li>A drop of solution should appear at the needle tip.</li> </ul>		
A small drop may remain at the needle tip, but it will not be injectified in the input of the in	ew pen' up to 6 times. If there is still no	
drop, change the needle and repeat step 2 'Check the flow wit		
Dispose of the pen and use a new one if a drop of solution still		
Always make sure that a drop appears at the needle tip time. This makes sure that the solution flows. If no drop appears, you will <b>not</b> inject any medicine even the maximum indicate a subsequence of the solution.		
may indicate a blocked or damaged needle. If you do not check the flow before your first injection with	each new pen, you may not get the	
prescribed dose and the intended effect of Ozempic <sup>®</sup> .	each new peri, you may not get the	
3. Select your dose		
Turn the dose selector until the dose counter shows		
your dose (0.25 mg or 0.5 mg). If you select the wrong dose, you can turn the dose selector forwards or backwards to the correct dose. The pen can dial up to a maximum of 0.5 mg.	Example 0.25 mg selected	
The dose selector changes the dose. Only the dose counter an you select per dose.	nd dose pointer will show how many mg	
You can select up to 0.5 mg per dose. When your pen contains less than 0.5 mg, the dose counter stops before 0.5 is shown. The dose selector clicks differently when turned forwards, backwards or past the number of mg left. Do not count the pen clicks.		
	an how many mayou have calested	
Always use the dose counter and the dose pointer to see how many mg you have selected before injecting this medicine. Do not count the pen clicks.		
Only doses of 0.25 mg or 0.5 mg must be selected with	n the dose selector. The selected dose	
must line up precisely with the dose pointer to ensure that you		
How much solution is left		
To see how much solution is left, use the dose		
counter: Turn the dose selector until the <b>dose counter</b>		
stops.		
If it shows 0.5, at least 0.5 mg is left in your pen.		
If the <b>dose counter stops before 0.5 mg</b> , there is not		
enough solution left for a full dose of 0.5 mg.		

	Example Dose counter stopped: 0.25 mg left
If there is not enough solution left in your pen for a full dos pen.	e, do not use it. Use a new Ozempic®
4. Inject your dose	
<ul> <li>Insert the needle into your skin as your doctor or nurse has shown you.</li> <li>Make sure you can see the dose counter. Do not cover it with your fingers. This could interrupt the injection.</li> </ul>	
• Press and hold down the dose button until the dose counter shows 0. The 0 must line up with the dose pointer. You may then hear or feel a click.	
<ul> <li>Continue pressing the dose button while keeping the needle in your skin. Count slowly to 6 while keeping the dose button pressed.</li> <li>If the needle is removed earlier, you may see a stream of solution coming from the needle tip. If so, the full dose will not be delivered.</li> </ul>	C Count slowly: 1.2-3-4-5-6
• Remove the needle from your skin. You can then release the dose button. If blood appears at the injection site, press lightly.	
You may see a drop of solution at the needle tip after injecting dose.	. This is normal and does not affect your
Always watch the dose counter to know how many mg you inject. Hold the dose button down until the dose counter shows 0.	

### How to identify a blocked or damaged needle

- If 0 does not appear in the dose counter after continuously pressing the dose button, you may have used a blocked or damaged needle.

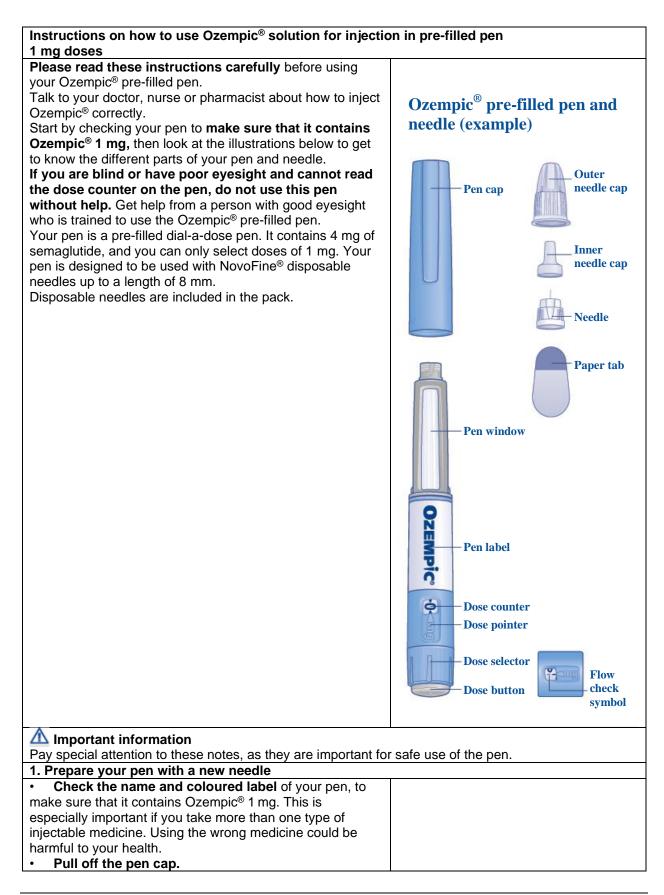
- In this case, you have **not** received any medicine even though the dose counter has moved from the original dose that you have set.

### How to handle a blocked needle

Change the needle as described in step 5 'After your injection' and repeat all steps starting with

step 1 'Prepare your pen with a new needle'. Make sure you sele	ect the full dose you heed.	
Never touch the dose counter when you inject. This can in	interrupt the injection	
5. After your injection		
Always dispose of the needle after each injection to ensure of blocked needles. If the needle is blocked, you will not inject Unscrew the needle and dispose of it carefully as instructed by	any medicine.	
local authorities.		
surface without touching the needle or the outer needle cap.		
<ul> <li>Once the needle is covered, carefully push the outer needle cap completely on.</li> <li>Unscrew the needle and dispose of it carefully.</li> </ul>	B	
Put the pen cap on your pen after each use to protect the solution from light.	C	
Always dispose of the needle after each injection to ensure c	convenient injections and prevent	
Always dispose of the needle after each injection to ensure convenient injections and prevent blocked needles. If the needle is blocked, you will not inject any medicine. When the pen is empty, throw it away without a needle on as instructed by your doctor, nurse, pharmacist or local authorities.		
Never try to put the inner needle cap back on the needle. You may stick yourself with the needle.		
Always remove the needle from your pen immediately after each injection. This may prevent blocked needles, contamination, infection, leakage of solution and inaccurate dosing.		
A Further important information		
<ul> <li>Always keep your pen and needles out of the sight and reach of others, especially children.</li> <li>Never share your pen or your needles with other people.</li> <li>Caregivers must be very careful when handling used needles to prevent needle injury and cross-infection.</li> </ul>		
<ul> <li>Use the table inside the lid of the carton to keep track of how when you took the injections.</li> </ul>	many injections you have taken and	
Caring for your pen		
Treat your pen with care. Rough handling or misuse may cause inaccurate dosing, which may lead to		
high blood sugar levels or abdominal discomfort such as nausea or vomiting.		
<ul> <li>Do not leave the pen in a car or another place where it can get too hot or too cold.</li> <li>Do not inject Ozempic<sup>®</sup> which has been frozen. If you do that, your blood sugar level may get too high or you might feel abdominal discomfort such as nausea or vomiting.</li> <li>Do not inject Ozempic<sup>®</sup> which has been exposed to direct sunlight. If you do that, your blood</li> </ul>		
<ul> <li>sugar level may get too high.</li> <li>Do not expose your pen to dust, dirt or liquid.</li> <li>Do not wash, soak or lubricate your pen. It may be cleaned with a mild detergent on a moistened cloth.</li> <li>Do not drop your pen or knock it against hard surfaces. If you drop it or suspect a problem, attach</li> </ul>		

- a new needle and check the flow before you inject.
  Do not try to refill your pen. Once empty, it must be disposed of.
  Do not try to repair your pen or pull it apart.



Check that the solution in your pen is clear and colourless. Look through the pen window. If the solution looks cloudy or coloured, do not use the pen.	
Take a new needle and tear off the paper tab. If the paper tab is broken, do not use the needle, as sterility is not guaranteed.	
<ul> <li>Make sure to attach the needle correctly.</li> <li>Push the needle straight onto the pen.</li> <li>Turn until it is on tight.</li> </ul>	
<ul> <li>The needle is covered by two caps. You must remove both caps. If you forget to remove both caps, you will not inject any solution.</li> <li>Pull off the outer needle cap and keep it for later. You will need it after the injection, to safely remove the needle from the pen.</li> <li>Pull off the inner needle cap and throw it away. If</li> </ul>	
you try to put it back on, you may accidentally stick yourself with the needle. A drop of solution may appear at the needle tip. This is normal, but you must still check the flow, if you use a new pen for the first time. <b>Do not attach a new needle</b> to your pen until you are ready to take your injection.	E C C C C C C C C C C C C C C C C C C C
<ul> <li>Always use a new needle for each injection. This may prevent blocked needles, contamination, infection and inaccurate dosing.</li> <li>Never use a bent or damaged needle.</li> <li>Check the flow with each new pen</li> <li>If your pen is already in use, go to step 3 'Select your dose'. Only check the flow before your first injection with each new pen.</li> </ul>	
<ul> <li>Turn the dose selector tothe flow check symbol (</li> <li>right past '0'. Make sure the flow check symbol lines up with the pointer.</li> </ul>	

	Flow check symbol selected	
<ul> <li>Hold the pen with the needle pointing up.</li> <li>Press and hold in the dose button until the dose counter returns to 0. The 0 must line up with the dose pointer.</li> <li>A drop of solution should appear at the needle tip.</li> </ul>		
A small drop may remain at the needle tip, but it will not be in	instad	
If no drop appears, repeat step 2 'Check the flow with each		
drop, change the needle and repeat step 2 'Check the flow' of Dispose of the pen and use a new one if a drop still does not		
A		
Always make sure that a drop appears at the needle the	ip before you use a new pen for the first	
time. This makes sure that the solution flows.		
If no drop appears, you will <b>not</b> inject any medicine, ever	n though the dose counter may move. This	
may indicate a blocked or damaged needle.		
If you do not check the flow before your first injection with	n each new pen, you may not get the	
prescribed dose and the intended effect of Ozempic <sup>®</sup> .		
3. Select your dose	1	
• Turn the dose selector to select 1 mg.		
Keep turning until the dose counter stops and shows 1 mg.	A O O O O O O O O O O O O O O O O O O O	
Only the dose counter and dose pointer will show that 1 mg h		
You can only select 1 mg per dose. When your pen contains less than 1 mg, the dose counter stops before 1 is shown.		
The dose selector clicks differently when turned forwards, backwards or past 1 mg. Do not count the pen clicks.		
	and that 4 mm has been calented	
<ul> <li>Always use the dose counter and the dose pointer to see that 1 mg has been selected before injecting this medicine.</li> <li>Do not count the pen clicks.</li> <li>Only doses of 1 mg must be selected with the dose selector. 1 mg must line up precisely with</li> </ul>		
any about of a my must be scienced with the absets	with the matter of producty with	

the dose pointer to ensure that you get a correct dose.		
How much solution is left	1	
<ul> <li>To see how much solution is left, use the dose counter: Turn the dose selector until the dose counter stops.</li> <li>If it shows 1, at least 1 mg is left in your pen.</li> <li>If the dose counter stops before 1 mg, there is not enough solution left for a full dose of 1 mg.</li> </ul>		
	Dose counter stopped: 1 mg left	
A If there is not enough solution left in your pen for a full do pen.	se, do not use it. Use a new Ozempic®	
4. Inject your dose	1	
<ul> <li>Insert the needle into your skin as your doctor or nurse has shown you.</li> <li>Make sure you can see the dose counter. Do not cover it with your fingers. This could interrupt the injection.</li> </ul>		
• Watch as the dose counter returns to 0. The 0 must line up with the dose pointer. You may then hear or feel a click.		
Continue pressing the dose button while keeping		
<ul> <li>the needle in your skin. Count slowly to 6.</li> <li>If the needle is removed earlier, you may see a stream of solution coming from the needle tip. If so, the full dose will not be delivered.</li> </ul>	Count slowly: 1-2-3-4-5-6	
• Remove the needle from your skin. You can then release the dose button. If blood appears at the injection site, press lightly. Hold the dose button down until the dose counter returns to '0'.		
You may see a drop of solution at the needle tip after injecting. This is normal and does not affect your dose.		
Always watch the dose counter to know how many mg you inject. Hold the dose button down until the dose counter shows 0.		

If 0 does not appear in the dose counter after continuously pressing the dose button, you may		
have used a blocked or damaged needle.		
<ul> <li>In this case, you have <b>not</b> received any medicine – e from the original dose that you have set.</li> </ul>	even though the dose counter has moved	
nom the original dose that you have set.		
How to handle a blocked needle		
Change the needle as described in step 5 'After your inje	ection' and repeat all steps starting with	
step 1 'Prepare your pen with a new needle'. Make sure you		
	,	
Never touch the dose counter when you inject. This c	can interrupt the injection.	
5. After your injection		
Always dispose of the needle after each injection to ensu		
blocked needles. If the needle is blocked, you will not in		
Unscrew the needle and dispose of it carefully as instructed	l by your doctor, nurse, pharmacist or	
local authorities.		
• Lead the needle tip into the outer needle cap on a		
flat surface without touching the needle or the outer needle		
cap.		
	EO E	
Once the needle is covered, carefully push the outer		
needle cap completely on.	R	
• Unscrew the needle and dispose of it carefully.		
	1 Dec	
• Put the pen cap on your pen after each use to protect		
the solution from light.		
	FO I	
Always dispose of the needle after each injection to ensu	ire convenient injections and prevent	
blocked needles. If the needle is blocked, you will <b>not</b> inject a		
When the pen is empty, throw it away without a needle on a		
pharmacist or local authorities.		
A Never try to put the inner needle cap back on the needle. You may stick yourself with the		
needle.		
$igtle \Delta$ Always remove the needle from your pen immediatel	v after each injection.	
This may prevent blocked needles, contamination, infection, leakage of solution and inaccurate		
dosing.		
A Further important information		
<ul> <li>Always keep your pen and needles out of the sight and reach of others, especially children.</li> </ul>		
<ul> <li>Never share your pen or your needles with other people.</li> </ul>		
<ul> <li>Caregivers must be very careful when handling used needles to prevent needle injury and</li> </ul>		
cross-infection.		
• Use the table inside the lid of the carton to keep track of how many injections you have taken and		
when you took the injections.		
Caring for your pen		
Treat your pen with care. Rough handling or misuse may cause inaccurate dosing, which may lead to		

high blood sugar levels or abdominal discomfort such as nausea or vomiting.

- Do not leave the pen in a car or another place where it can get too hot or too cold.
- **Do not inject Ozempic**<sup>®</sup> which has been frozen. If you do that, your blood sugar level may get too high or you might feel abdominal discomfort such as nausea or vomiting.

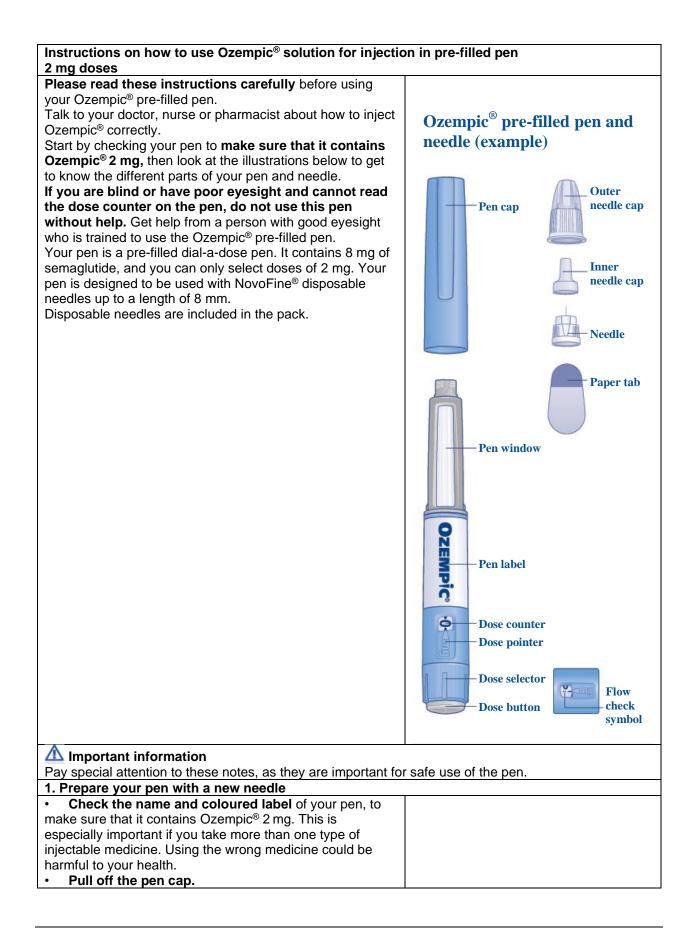
• **Do not inject Ozempic**<sup>®</sup> which has been exposed to direct sunlight. If you do that, your blood sugar level may get too high.

• Do not expose your pen to dust, dirt or liquid.

• **Do not wash, soak or lubricate your pen.** It may be cleaned with a mild detergent on a moistened cloth.

• **Do not drop your pen** or knock it against hard surfaces. If you drop it or suspect a problem, attach a new needle and check the flow before you inject.

- Do not try to refill your pen. Once empty, it must be disposed of.
- Do not try to repair your pen or pull it apart.



<ul> <li>Check that the solution in your pen is clear and colourless. Look through the pen window. If the solution tooks cloudy or coloured, do not use the pen.</li> <li>Take a new needle and tear off the paper tab. If the paper tab is broken, do not use the needle, as sterility is not guaranteed.</li> <li>Push the needle straight onto the pen.</li> <li>Push the needle straight onto the pen.</li> <li>Turn until it is on tight.</li> <li>The needle is covered by two caps. You must remove both caps. If you forget to remove both caps, you will not inject any solution.</li> <li>Pull off the outer needle cap and theory it nawy. If you try to put the bay on you must still check the flow, if you use a new pendle to your pen until you are ready to take your injection.</li> <li>A drop of solution may appear at the needle tip. This is normal, but you must still check the flow, if you use a new pend the first time.</li> <li>Never use a bent or damaged needle.</li> <li>Check the flow with each new pent.</li> <li>If your pent is already in use, go to step 3 "Select your dose". Only check the flow check symbol (insert insert insert</li></ul>		
If the paper tab is broken, do not use the needle, as sterility is not guaranteed.  Make sure to attach the needle correctly.  Push the needle straight onto the pen. Turn until it is on tight.  The needle is covered by two caps. You must remove both caps. If you forget to remove both caps, you will not inject any solution.  Pull off the outer needle cap and keep it for later. You will need it after the injection, to safely remove the needle from the pen. Pull off the inner needle cap and throw it away. If you try to put it back on, you may accidentally stick yourself with the needle. A drop of solution may appear at the needle tip. This is normal, but you must still check the flow, if you use a new pen for the first time. Do not attach a new needle to your pen until you are ready to take your injection. This may prevent blocked needles, contamination, infection and inaccurate dosing.  Never use a bent or damaged needle. Check the flow with each new pen If you rp nis already in use, go to step 3 'Select your dose'. Only check the flow check symbol ( If you rp ast '0'. Make sure the flow check symbol ( If you rp ast '0'. Make sure the flow check symbol ( If you rp ast '0'. Make sure the flow check symbol ( If you rp ast '0'. Make sure the flow check symbol ( If you rp ast '0'. Make sure the flow check symbol ( If you rp ast '0'. Make sure the flow check symbol ( If you rp ast '0'. Make sure the flow check symbol ( If you rp ast '0'. Make sure the flow check symbol ( If you rp ast '0'. Make sure the flow check symbol ( If you rp ast '0'. Make sure the flow check symbol ( If you rp ast '0'. Make sure the flow check symbol ( If you rp ast '0'. Make sure the flow check symbol ( If you rp ast '0'. Make sure the flow check symbol ( If you rp ast '0'. Make sure the flow check symbol ( If you rp ast '0'. Make sure the flow check symbol ( If you rp ast '0'. Make sure the flow check symbol ( If you rp ast '0'. Make sure the flow check symbol ( If you ready in use; go the step 3 'Select your dose'. Only check the flow check	colourless. Look through the pen window. If the solution	
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<ul> <li>Turn the dose selector to the flow check symbol (</li> <li>) right past '0'. Make sure the flow check symbol lines</li> </ul>	dose'. Only check the flow before your first injection with	

	Flow check symbol selected	
<ul> <li>Hold the pen with the needle pointing up. Press and hold in the dose button until the dose counter returns to 0. The 0 must line up with the dose pointer. A drop of solution should appear at the needle tip.</li> </ul>		
A small drop may remain at the needle tip, but it will not be in	iected	
If no drop appears, repeat step 2 'Check the flow with each		
drop, change the needle and repeat step 2 'Check the flow w		
Dispose of the pen and use a new one if a drop of solution st		
Always make sure that a drop appears at the needle tip before you use a new pen for the first time. This makes sure that the solution flows. If no drop appears, you will not inject any medicine, even though the dose counter may move. This may indicate a blocked or damaged needle. If you do not check the flow before your first injection with each new pen, you may not get the prescribed dose and the intended effect of Ozempic <sup>®</sup> .		
3. Select your dose		
<ul> <li>Turn the dose selector to select 2 mg. Keep turning until the dose counter stops and shows 2 mg.</li> </ul>	2 mg selected	
Only the dose counter and dose pointer will show that 2 mg l		
You can only select 2 mg per dose. When your pen contains	less than 2 mg, the dose counter stops	
before 2 is shown. The dose selector clicks differently when turned forwards, ba pen clicks.	ckwards or past 2 mg. Do not count the	
A	see that 2 mg has been selected	
<ul> <li>Always use the dose counter and the dose pointer to see that 2 mg has been selected before injecting this medicine.</li> <li>Do not count the pen clicks.</li> <li>Only doses of 2 mg must be selected with the dose selector. 2 mg must line up precisely with the dose pointer to ensure that you get a correct dose.</li> </ul>		

How much solution is left		
• To see how much solution is left, use the dose		
counter: Turn the dose selector until the <b>dose counter</b>		
stops.		
If it shows 2, <b>at least 2 mg</b> is left in your pen.	-0	
If the <b>dose counter stops before 2 mg</b> , there is not		
enough solution left for a full dose of 2 mg.		
	Dose counter	
	2-cmg stopped:	
	2 mg left	
$\Delta$ If there is not enough solution left in your pen for a full do	se, do not use it. Use a new Ozempic <sup>®</sup>	
pen.		
4. Inject your dose		
Insert the needle into your skin as your doctor or		
nurse has shown you.		
Make sure you can see the dose counter. Do not		
cover it with your fingers. This could interrupt the injection.		
• Watch as the dose counter returns to 0. The 0 must		
line up with the dose pointer. You may then hear or feel a	B C	
click.		
	- <b>10</b> -100	
Continue pressing the dose button while keeping the		
needle in your skin. Count slowly to 6.	C Count slowly:	
• If the needle is removed earlier, you may see a stream		
of solution coming from the needle tip. If so, the full dose	(1-2-3-4-5-6)	
will not be delivered.		
	W	
Remove the needle from your skin. You can then		
release the dose button. If blood appears at the injection		
site, press lightly. Hold the dose button down until the dose		
counter returns to '0'.		
	Ψ	
You may see a drop of solution at the needle tip after injection	g. This is normal and does not affect your	
dose.		
Always watch the dose counter to know how many mg you inject. Hold the dose button down		
until the dose counter shows 0.		
How to identify a blocked or damaged needle		
<ul> <li>If 0 does not appear in the dose counter after continuously pressing the dose button, you may</li> </ul>		
	iousiy pressing the ubse button, you may	

have used a blocked or damaged needle.

•	In this case, you have not received any medicine - even though the dose counter has moved
	from the original dose that you have set.

#### How to handle a blocked needle

Change the needle as described in step 5 'After your injection' and repeat all steps starting with step 1 'Prepare your pen with a new needle'. Make sure you select the full dose you need.

Never touch the dose counter when you inject. This can interrupt the injection.

5. After your injection Always dispose of the needle after each injection to ensure convenient injections and prevent blocked needles. If the needle is blocked, you will not inject any medicine. Unscrew the needle and dispose of it carefully as instructed by your doctor, nurse, pharmacist or local authorities. Lead the needle tip into the outer needle cap on a • flat surface without touching the needle or the outer needle A cap. Once the needle is covered, carefully push the outer needle cap completely on. Unscrew the needle and dispose of it carefully. Put the pen cap on your pen after each use to protect the solution from light. C Always dispose of the needle after each injection to ensure convenient injections and prevent blocked needles. If the needle is blocked, you will not inject any medicine. When the pen is empty, throw it away **without** a needle on as instructed by your doctor, nurse, pharmacist or local authorities. A Never try to put the inner needle cap back on the needle. You may stick yourself with the needle. Always remove the needle from your pen immediately after each injection. This may prevent blocked needles, contamination, infection, leakage of solution and inaccurate dosing. A Further important information Always keep your pen and needles out of the sight and reach of others, especially children. • Never share your pen or your needles with other people. • Caregivers must be very careful when handling used needles to prevent needle injury and cross-infection. Use the table inside the lid of the carton to keep track of how many injections you have taken and when you took the injections. Caring for your pen Treat your pen with care. Rough handling or misuse may cause inaccurate dosing, which may lead to high blood sugar levels or abdominal discomfort such as nausea or vomiting. Do not leave the pen in a car or another place where it can get too hot or too cold. •

• **Do not inject Ozempic**<sup>®</sup> which has been frozen. If you do that, your blood sugar level may get too high or you might feel abdominal discomfort such as nausea or vomiting.

• **Do not inject Ozempic**<sup>®</sup> which has been exposed to direct sunlight. If you do that, your blood sugar level may get too high.

• Do not expose your pen to dust, dirt or liquid.

• **Do not wash, soak or lubricate your pen.** It may be cleaned with a mild detergent on a moistened cloth.

• **Do not drop your pen** or knock it against hard surfaces. If you drop it or suspect a problem, attach a new needle and check the flow before you inject.

• Do not try to refill your pen. Once empty, it must be disposed of.

• Do not try to repair your pen or pull it apart.